

## Program Details

This program has been designed to develop basketball in the province at a higher level. The goal of this program is to increase the amount of time kids spend developing the fundamental skills of basketball. Each participant will receive 50+ hours of high level coaching from some of the best coaches PEI has to offer.



Send registration form via mail to:

*Basketball PEI*

*40 Enman Crescent, Charlottetown, PE C1E 1E6*

Or via e-mail to:

*Info@BasketballPEI.ca*

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

D.O.B (yy/mm/dd): \_\_\_\_\_ School: \_\_\_\_\_

Jersey Size (Circle): S M L XL XXL

Medical Issues: \_\_\_\_\_

Payment Options:

1. Cheque—Make Payable to "Basketball PEI"
2. Cash
3. E-transfer—Send to Info@BasketballPEI.ca

\*Payment is due prior to the first session

## Waiver & Release

We hereby give our consent and approval to the participation of the applicant in the Basketball PEI High Performance Basketball Program and certify the he/she is physically fit to take part in all activities.

Further we do hereby waive, release and forever discharge said organization and it's staff from all claims for damages occurring from accident, injury to person or loss of property during the program.

\_\_\_\_\_  
SIGNATURE PARENT/GUARDIAN

# HIGH PERFORMANCE BASKETBALL



In Partnership with



## Junior Boys

*(U13 & U15)*

**Program Objective:** To deliver a program with a consistent and sustained development philosophy that will aid in improving Basketball PEI's competitive position nationally and lead to an increased number of players who can play at the U Sport and CCAA level.

**Participation in this program is a pre-requisite for participation in the 2019 Provincial Team Programs.**

For more information, contact Basketball PEI at (902) 368-4986 or Info@BasketballPEI.ca

## Program Overview

Phase I: Fall Development Program

Phase II: Under-13: 8-game inter-squad schedule (March/April)

Under-15: 50 hours Elite Development for selected players from Fall Development Program (January-June)

### Fall Development Program - Phase I

Ages: Grades 5-9 as of September 1, 2018

Length: 50 hours of on-court instruction

Program:

- Various drills, stations, and games that focus on offensive & defensive fundamentals
- One hour per session of full court games
- Players divided by age for game

Cost: \$250 per player (includes BPEI membership & reversible jersey)

Dates:

- Sept 16, 30, Oct 7: 11 AM—4 PM
- Oct 19: 9 AM—4 PM
- Oct 28: 11 AM—4 PM
- Nov 8, 9, 23, Dec 27: 9 AM—4 PM

**\*All Sessions at UPEI Sports Centre**

## Under-13 Program - Phase II

September - December: Fall Development Program

March & April:

- 8-game inter-squad schedule
- Games played in 3-4 day tournament format
- Coaches & Officials

Cost: \$50 per player

May - August: Provincial Team Program



## Under-15 Program - Phase II

September - December: Fall Development Program

January - June:

- 50 hours of on court elite development plus strength training for selected players from Fall Development Program
- January-March: 6 hrs per month; April—June: 12 hrs per month. \*Dates will not conflict with Provincial Team practices

Cost: \$100 per player

May - August: Provincial Team Program

## Staff

Program Director:

**George Morrison**

30+ years Head Coach at UPEI & Holland College

Instructional Staff:

**Dale Farish**

30 years coaching experience at all levels

**Darrell Glenn**

UPEI Panthers Head Coach

**Josh Whitty**

Holland Hurricanes Head Coach

Additional Staff:

- Junior High, High School, & Provincial coaches
- Members of the UPEI Men's basketball team will be present for some of the sessions

Program Features:

- Emphasis on rarely taught fundamentals i.e. rebounding, passing, denying passes & cuts
- All drills will be designed to improve players ability to compete under pressure
- All players will be involved in drills unique to the guard, forward, and post positions
- Emphasis in full court games will be on team play (both offense & defense)